

MICHELIN SPORTS & CONFERENCE CENTRE



GENERAL PRICE LIST

CLUB MEMBERSHIP			
	Annual Associate Club Membership	£39.95	
	Annual Social (access to Bar and Function Room Only)	£17	
	Day Guest Fee (must be signed in by a member)	£1	
ACTIVITY PRICES		Peak	Off Peak
	PAYG Gym Session	£4	£3
	PAYG Gym Monthly (inc locker)	£22	
	Monthly Gym (direct debit)	£21	
	Club & Monthly Gym (direct debit)	£22.95	
	Squash 40 mins	£7.00	£4.50
	Badminton 1 hour	£9.00	£6.50
	Sports Hall Hire 1hour	£34	£24.50
	Table Tennis 40mins	£7.00	£4.50
	Spinning (see class timetable)	£4	
OTHER	Sauna (FREE for members)	£1	
	Locker	30p	
	Sunbed	£6.00 (10 mins)	£3.00 (5 mins)
Classes: See Reverse for timetable and please see reception for details			
Function Room: FREE** hire to members £50 deposit payable (refundable after event)**			
<i>**Subject to availability. T&Cs apply</i>			
OPENING	Club open all week 06:30 to 23:00		
	*Gym 06:30 to 22:00 *Sports Hall 06:30 to 22:30 *Squash 06:30 to 22:20		
	*Reception 08:30 to 22:30 *Bar: Contact Reception *Sports Areas and Reception Close 20:00 on Saturdays		
	Peak: Mon-Fri 17:00 to 22:00	Off Peak: Mon-Fri 06:30 to 17:00 and all weekend	

Email: mac.stoke@michelin.com

Call in or tel: 01782 644504

Michelin Sports & Conference Centre, Rosetree Ave, Trent Vale, Stoke-on-Trent, ST4 6NL
www.michelin.co.uk/stokemac





	CLASS	TIME	INSTRUCTOR	CONTACT
MON	MAC SPINNING (<i>beginner & intermediate</i>)	17:30 to 18:45	Janet	Reception
	FITSTEPS	18:00 to 19:00	Aby	07974565955
	KARATE	19:00 to 20:00	Dave	07984482264
	KARATE	20:00 to 21:00	Dave	07984482264
	THAI BOXING	19:00 to 20:00	Lynn	01782251696
TUES	SPINNING (<i>advanced</i>)	18:00 to 18:45	Andy	07966841667
WED	WALKING NETBALL	10:30 to 11:30	NULBC	01782742575
	MAC SPINNING (<i>beginner & intermediate</i>)	17:30 to 18:45	Janet	Reception
	RUNNING CLUB	18:30	Kenny	Reception
	KUNG FU	19:30 to 20:30	Mike	07720892332
THURS	BODY FUSION (<i>yoga & pilates</i>)	18:00 to 19:00	Aby	07974565955
	SWISS BALL	19:00 to 20:00	Aby	07974565955
	FITSTEPS	20:00 to 21:00	Aby	07974565955
FRI	WALKING NETBALL	10:30 to 11:30	NULBC	01782742575
	HATHA YOGA	12:30 to 13:30	Aby	07974565955
	SPINNING (<i>advanced</i>)	18:00 to 18:45	Andy	07966841667
	HATHA YOGA	19:00 to 20:00	Aby	07974565955
SAT				
SUN	ZUMBA	18:00 to 19:00	Aby	07974565955
	HATHA YOGA	19:00 to 20:00	Aby	07974565955
<i>Please contact class instructors for prices</i>				

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